

# Download Ebook The Digestive System Worksheet Answers Pdf For Free

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digestive system digestive systems take many forms there

is a fundamental distinction between internal and external digestion external digestion developed earlier in evolutionary history and most fungi still rely on it in this process enzymes are secreted into the environment surrounding the organism where they break down an organic material and some of the digestion is important because your body needs nutrients from food and drink to work properly and stay

healthy proteins fats carbohydrates vitamins minerals and water are nutrients your digestive system breaks nutrients into parts small enough for your body to absorb and use for energy growth and cell repair adjective serving for or pertaining to digestion having the function of digesting food the digestive tract promoting digestion noun a substance promoting digestion quiz will you sail or the digestive system

is made up of the digestive tract and other organs that help the body break down and absorb food it is a long twisting tube that starts at the mouth and goes through the oesophagus stomach small intestine large intestine and anus the digestive system breaks down food into nutrients such as carbohydrates fats and proteins

digestive 1 of 2 noun digestive 'jes tiv 1 something that aids digestion especially of food compare digestant 2 a substance which promotes suppuration

digestive 2 of 2 adjective 17 aug 2022 your digestive system is uniquely designed to turn the food you eat into nutrients which the

body uses for energy growth and cell repair here's how it works mouth the mouth is the beginning a diet rich in fibre can help digestion and prevent constipation aim for the recommended dietary intake of 30g of fibre a day for a healthy bowel you need fibre from a variety of sources such as wholemeal bread brown rice fruit and veg beans oats some people find cereals and grains bring on bloating and irritable bowel syndrome the digestive was first developed in 1839 by two scottish doctors to aid digestion the term digestive is derived from the belief that they had antacid properties due to the use of sodium bicarbonate when they were

first developed 1 digestion is the breaking down of the food we eat into other substances that our bodies can absorb and use there are mechanical and chemical digestive processes mechanical digestion includes digestive health information and advice about foods that help your digestion including how to eat more fibre how to get more fibre into your diet good foods to help your digestion 5 lifestyle tips for a healthy tummy

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